



Rotary Club of Port Macquarie West inc.

30th April 2019
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Weekly Bulletin

President's Report



Many thanks to all attended for a great ANZAC Tribute night. From all accounts most seemed to think it was a great night. Many thanks to Keiren Freeman and her team Helen Wade and Meredith Evans for all the organising and table settings etc. Many guests commented on how great it all looked. Thanks also to Hutch for his efforts with the sounds system etc. and to the Heads and Tails boys Hutch and Alan Naylor. I was most grateful to have a wonderful MC for the night,

Kerry Medway from Port Macquarie Rotary who did a sterling job. Thanks to Tony Lanzafame for the loan of the 'Jack Wilson' Soldier. Phil Perry (PM Rotary) shared his news of the newly found World War II Merchant Navy ship called the Iron Crown just discovered after all these years.

We had two very dedicated speakers on the night and many thanks to "Murray" my brother, Major James Murray Gough for flying up from Canberra specially to attend our function. Stephen Smith from Wingham High School gave a very enlightening presentation from a youth point of view. From what I heard from guests they seemed very impressed with both speakers.

I think our club should be proud that we can have such a gathering of 105 guests in support of a very meaningful tribute those men and women who have served in our Defence Forces and those who are still serving in Defences Forces.

YIR Julie



Corporate Members



Next Meeting - Doug Emanuel on Australian History

Regular Meetings

Tuesdays 6:00pm for 6:30pm

The Westport Club

25 Buller Street

Port Macquarie

Apologies and guests to:

Steve Atkin 0412 936 508

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Board 2018-19

President: Julie Constable

President Elect: Jeff Lipman

Vice President: John Channon

Secretary: Anthony Devine

Treasurer: Helen Gleeson

Club Service: Kerry-Ann

Weirick-O'Donnell

International: Joan Gilson

Vocational: Heather Mayne

Foundation: Mike Chambers

Youth: Daphne Flett

Membership: Trevor Gilson

Community: Rick Eller

Contact Details

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Chartered 26th April 1971

by Rotary Club of

Port Macquarie

Upcoming Events

30/04/2019	Regular Dinner Meeting Guest Speaker: Doug Emanuel - U3A Historian
07/05/2019	Members Information Night Please wear red t-shirts for club photo
14/05/2019	Regular Dinner Meeting Guest Speaker: Linda Elbourne - Willing and Able
19/05/2019	District Assembly - Port Macquarie

Guest Speaker - Doug Emanuel

Doug is the convenor of the Australian History course at U3A Port Macquarie. He will be joining us at this week's meeting to share a number of short stories from Australian history including:

- The Battle of Broken Hill
- Les Boots – Jockey extraordinaire
- The man on the \$50 note

You can find more information about U3A and the courses they offer [here](#).

Fluid Approach to Water

The lack of access to clean water, sanitation facilities, and hygiene resources is one of the world's biggest health problems — and one of the hardest to solve.

Rotary has worked for decades to provide people with clean water by digging wells, laying pipes, providing filters, and installing sinks and toilets. But the biggest challenge has come after the hardware is installed. Too often, projects succeeded at first but eventually failed.

Across all kinds of organizations, the cumulative cost of failed water systems in sub-Saharan Africa alone is estimated at \$1.2 billion to \$1.5 billion, according to data compiled by the consulting firm Improve International.

Rusted water pumps and dilapidated sanitation facilities are familiar sights in parts of Africa, South America, and South Asia — monuments to service projects that proved unsustainable. A 2013 review by independent contractor Aguaconsult cited these kinds of issues in projects Rotary carried out, and the review included a focus on sustainability to help plan more effective projects.

That's one factor in why Rotary has shifted its focus over the past several years to emphasize education, collaboration, and sustainability.

With Rotary Foundation global grants, a dedicated Rotarian Action Group, and a partnership with the U.S. Agency for International Development (USAID), Rotary's water, sanitation, and hygiene, or WASH, programs are achieving greater, longer-lasting change.

Read the full story [here](#).

Blood Needed Urgently This Easter and ANZAC Day

More than 4,000 donors are urgently needed to give blood between Easter Saturday and Friday, April 26 in order to prevent a shortage of blood products required by cancer patients and road trauma victims.

Of most importance is a blood component called platelets. Platelets vital in the treatment of many cancers and to combat life-threatening bleeding from road trauma and in other emergency situations.

Unfortunately platelets have a shelf-life of just five days which means they cannot be stockpiled. Three public holidays in quick succession puts enormous demand on stores.

One in three Australians will need blood in their lifetime, but only one in 30 currently donates. Please consider donating blood this Easter, the life you save could be that of a family member or close friend. Blood donation centres are open throughout the Easter period except for Good Friday.

To give blood, please call 13 14 95 or visit www.donateblood.com.au

Editor's Note: I give plasma at 9:00am every other Friday at the Port Macquarie collection centre. It's a simple, relatively painless process, and you get a drink and cookie afterwards. If anyone would like to chat about the process, I'm more than happy to share my experiences. I'm even happy to accompany any first time donors if they're feeling a little nervous about the process. - Anthony



Drought Assist Bus Trip

Friday 31st May – Sunday 2nd June

Contact Patti Parsons: 0409 079 745

For further details

The Narrabri Rotary Club, led by President Darrell Tiemens has set-up a "Neighbours in Need" program. The club has assisted farmers who even though they are being ravaged by drought are reluctant to accept charity. The Rotary Club has arranged gifts of EFTPOS cards between \$200 & \$2000 to assist local farmers & to enable them to buy locally, also assisting local businesses.

Even though some rain has fallen in drought affected areas, very little has fallen in the Narrabri area & farmers are still struggling.

The Wauchope/Taree/Gloucester Rotary Clubs are encouraging Rotarians to join them on a ROTARY ROAD TRIP out to Narrabri to support farmers. Maurie Stack is coordinating the trip in Taree & Brian Beesley from Gloucester will be driving the coach. The bus will leave from Gloucester, stopping at Taree & Wauchope to pick-up passengers & then at stopping at Walcha & Gunnedah along the way. Newcombe Coach Lines is providing the bus/coach.

**Please join the trip - for further info contact Patti Parsons @ Wauchope
for itinerary & costs & accommodation bookings 0409079745**

**Tax Deductable Donations to 'Narrabri Trip - Drought Appeal' @ Holiday Coast Credit Union -
BSB 721000 a/c 100202663 & reference your name.**