



Rotary Club of Port Macquarie West inc.

5th March 2019  
Volume 50, Issue 35

# Weekly Bulletin

## President's Report



This has been a very busy week for our club members. Hosting a great group from Denmark Group Cultural Exchange and entertaining them by taking our visitors to the Koala Hospital and then at our dinner meeting. It was great that each member told a small presentation of where they come from and what their professions were.

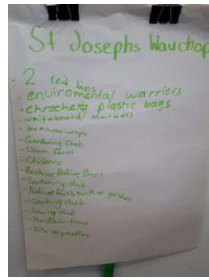
Our Guest speaker for the night was Craig Wearne, CEO from Garden Village who gave our members and great insight into Dementia in our Community and awareness of this devastating disease. Members appreciated finding out and understanding what a problem this disease is to society.

We have had another great opportunity to showcase what Rotary, a joint Cluster project, is doing with Sustainability projects we have achieved in portraying to the public that we do care and are attempting a survey of what people think of sustainability in our society should be.



Four questions are being asked:

1. What have you done this week/year to improve our environment?
2. What is a community based environment project you would like started?
3. Do you know a person, group or organisation that has a positive effect on our environment?
4. What does sustainability mean to you?



Many thanks to all members who have attended this stand at the Racecourse as we have used this opportunity to talk to many people and are encouraging people who have heard of what our Rotary Club is doing in the community and have taken advantage to use this also for a chance to gain new members for our club.

YIR Julie



### Corporate Members



**Have you registered for District Conference yet? Time is running out.**

## Regular Meetings

Tuesdays 6:00pm for 6:30pm

The Westport Club

25 Buller Street

Port Macquarie

**Apologies and guests to:**

**Steve Atkin 0412 936 508**

**calstep54356@gmail.com**

## Board 2018-19

President: Julie Constable

President Elect: Jeff Lipman

Vice President: John Channon

Secretary: Anthony Devine

Treasurer: Helen Gleeson

Club Service: Alan Priest

International: Joan Gilson

Vocational: Heather Mayne

Foundation: Mike Chambers

Youth: Daphne Flett

Membership: Trevor Gilson

Community: Rick Eller

## Contact Details

P.O. Box 330,

Port Macquarie NSW 2444

[www.rotarypmwest.org.au](http://www.rotarypmwest.org.au)

Chartered 26th April 1971

by Rotary Club of

Port Macquarie

## Upcoming Events

05/03/2019	Regular Dinner Meeting Guest Speaker: Linda Elbourne - Willing and Able
08-10/03/2019	District Conference - Armidale
12/03/2019	Bowls with Wauchope Rotary Club Wauchope Country Club
19/03/2019	Regular Dinner Meeting Report from Conference Attendees
26/03/2019	Regular Dinner Meeting Guest Speaker: Heather Cavenagh - CSU

## Members Musings

*This week's musing courtesy of Steve Towle*

My other passion as most club members know is 4x4 driving, camping and touring to remote areas of Australia. As we're all aware most of NSW is in severe drought, we've been raising funds for the farmers and done quite well. When you move around the state or if you and some friends get together and decide to travel to a small town. When you stop for your morning tea break. Instead of ducking into the serenity of your caravan. Stop at the local coffee shop or bakery, most of these small businesses are doing it really hard. They usually give you a reasonable to good drink and great cakes, muffins and the bakeries have a great selection of products. Also, a number of CWA's etc have morning tea and scones. If you go into the tourist information centre or craft shops, they can sell jams pickles and other condiments from local produce. At night some of these small towns and villages have really good and cheap restaurants/ pub dining rooms. Again, using fresh local produce. The tourist information centres can help with where you will find a good meal. Local butchers have fantastic meats and some still make their own bacon, hams and small goods.

So, when we're out there this year, let's extend our Rotary volunteering to adopting a town or village. Your twenty or thirty dollars may be a little more than you'd spend most days on morning tea/coffee or fifty/sixty dollars for dinner but believe me it will make difference to little employers and their employees.

Cheers

Steve Towle



## Rotary Friendship Exchange to India

We started our RFE to D3040 India in the city of Indore.

We had our first Rotary meeting with more presentations and gifts and then they cleared the floor and we danced for quite a long time and then had lunch,

The Indian Rotarians certainly know how to make guests welcome,

We will keep the Club informed as the Exchange progresses,

Kind regards

Lou



This is the team outside a temple in Indore



This photo shows the team and their hosts when they picked us up this morning at the Hotel Infiniti. As usual we received the typical Indian welcome with necklaces and many marigold garlands



The team outside a Palace in Indore

# Rotary Community Corps (RCC) Project in Asembo Bay, Kenya

The following is an update from Foundation & International in respect of our Rotary Community Corps (RCC) Project in Asembo Bay, Kenya :-

- Formalities for co-sponsorship of the RCC continue as we establish good relationship with the new sponsor club Kisumu ( Kisumu is Kenya 2nd largest centre after Nairobi)
- The new club-Rotary Club of Asembo Bay will be chartered in a year (the first 6 months as a satellite club to Kisumu)
- Quite a lot has been happening on the ground which we continue to assist with by way of promotion through joint administration of the RCC Facebook page <https://www.facebook.com/rotarycorpsdalarieko/>. This includes visits by the Kisumu Club, delegations from Norway and by the District Governor himself to inspect the WASH in Schools projects, that Alex has successfully managed (this is the 2nd). When one considers that District covers all of Kenya, South Sudan, Ethiopia & Eritrea this is a great testimony to Alex skills as a UN trained Master Facilitator- See attached photos- see this link regarding WASH projects ([details](#)).
- I discovered only a week ago that February is actually Rotary's Theme Month for Peace & Conflict Resolution/Prevention. By coincidence it was in an Article written by Azka Asif on Rotary International Programs Staff follow this [link](#) - (amazingly the Web page of Rotary Club of Gros Islet in St Lucia) Azka was responsible for initially guiding Alex & I in the formalities of co-sponsorship. Indeed very relevant given the important part that the RCC plays as Rotary's representative as a member of The Western Kenya Humanitarian Hub (along with UNICEF, World Vision & Kenya Red Cross). You will see in the article a similar story about a club in Nigeria where elections place countries like these on the edge of civil war. It has been rush to put together a promotion on the Facebook site but it is now finished. I urge all members to have a look to see how vital the RCC is to their whole community also the important role the Facebook site itself plays especially in desperate times. Attached a couple of relevant photos from the site. Shame about the late pickup, however I have initiated a request to Azka for international promotion yesterday & hope it hasn't come too late. The bonus however is re-establishing contact with Azka for guidance in respect of the RCC formalities due to the changed Sponsor Club

Regards Mike





*The Rotary Club  
of  
Port Macquarie West Inc.*

*Wishes to invite you to their*

*Annual ANZAC Tribute Night*

*Tuesday 23<sup>rd</sup> April 2019*

*The Westport Club  
Buller Street, Port Macquarie  
5.45pm for 6.30pm  
\$25 per person  
(including roast dinner, dessert, tea and coffee)*

*Guest Speaker – Major James Murray Gough*

*Please wear any Service Medals ( If applicable)  
to this tribute dinner.*

*RSVP would be appreciated before Monday 15<sup>th</sup> April to:*

*PMCQWestRotary@gmail.com*

*Please be sure to advise of any dietary requirements*



District Conference 2019

# Art and Song in the Highlands



*Prepare to be Inspired and entertained*

March 8-10 Armidale NSW

Rotary   
District 9650 Australia

**Register NOW for the District Conference!**

**<https://www.rotary9650.org.au/district-conference>**



***Join us in Armidale as we celebrate Art and Song in the Highlands.***

We have focussed on providing a great line up of speakers, Good food and Great Music to entertain you. Past RI President Bill Boyd will be a special guest as the RI Presidents Representative.

We will even have our own artist in residence. Barry McCann (pictured above).

On Saturday night, following Dinner in the Stro, you can join us in Lazenby Hall for a musical presentation by Voci Stupenda (pictured) who will present a variety of musical items.

Our big focus has been to keep the costs down as far as we can possibly go, so we can get as many of you as possible to come and join us for a great weekend of fun, entertainment and the social activity of renewing friendships with Rotarians from around our district.

There are considerable saving on previous years, a weekend will cost around \$150ph for everything.

We have arranged a conference that we believe will inspire you to continue to achieve your Rotary Goals and make a difference in your community.

Register now and get ready to be entertained and Informed.

*DG Lorraine & the Conference Committee*